

Factors affecting the accuracy of memory

Interference	Information isn't forgotten
Participants found it more difficult to remember a list of synonyms than a list of antonyms. Interference is caused by trying to recall two	Participants have been able to recall information, previously thought forgotten, when given cues (Tulving and Psotka, 1971)
or more similar things (McGeoch and Donaldson, 1931)	Torgotten, when given cues (Turving and Psotka, 1971)
False memories	Ethical issues
25% of participants recalled a false story as if it had really happened to them suggesting our memories are highly suggestable (Loftus and Pickrell, 1995)	Participants may be left with implanted false memories, causing distress.
	Application Implications for eyewitness statements and police questioning.
Context	Artificial methods
Participants who learn information in the same place it is then	Many studies use word lists which some see as not reflecting how
recalled show increase recall. The environment acts as a cue (Godden and Baddeley, 1975)	memory is used in real life.