

Scheme of Learning: Year 9 PSNCE

1	2	3
Health & Wellbeing	Healthy Relationships	Living in the Wider World

Topic Overview: Relationships and sex education (RSE) is learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. It should equip children and young people with the information, skills and values to have safe, fulfilling and enjoyable relationships and to take responsibility for their sexual health and well-being

PSHCE Themes

Healthy Relationships



British Values addressed

1. Mutual Respect
2. Tolerance of Others
3. Individual Liberty
4. Rule of Law

SMSC addressed

Moral
Social

Lesson Sequence:

Respectful Relationship Behavior's

Pupils will be learning about beginning and growing positive relationships to assess readiness for intimacy. They will be able to explain the difference between welcome and unwelcome interest and describe what respectful behaviour looks like in both everyday and romantic contexts. They will now how to explain when and how to access support if encountering inappropriate behaviours.

Capacity to Consent

Pupils will be learning about what 'freedom' and 'capacity' to consent mean in different contexts. They can then explain what is meant by freedom and capacity to consent. We explore contexts where freedom or capacity to consent have been reduced or removed, and why this means consent has no longer been given.

Managing the Ending of Relationships

Pupils will be learning how to manage the end of an intimate relationship and how to identify the range of emotions associated with breakups. We look at ways to manage a break-up safely and appropriately and suggest strategies to help manage emotions during a break-up.

Pressure, Persuasion and Coercion

Pupils learn how consent sought through pressure and coercion is wrong and is not genuine. We are learn how to manage pressure to consent and how to recognise when asking for consent becomes inappropriately pressurising or persuasive.. We explore the legal consequences of pressure, persuasion and coercion in relation to consent.

The Impact of Pornography

Pupils learn about pornography and its impact on understanding consent. We evaluate the impact of pornography on people's understanding and expectations of consent. Pupils look at how to challenge inaccurate and dangerous messages about sexuality, gender and consent perpetuated by pornography.

Sequence of Lessons:	
1	Respectful Relationship Behavior's
2	Capacity to Consent
3	Managing the Ending of Relationships
4	Pressure, Persuasion and Coercion
5	The Impact of Pornography
6	Assessment & Class debate

Topic Resources:			
Knowledge Map:	Healthy Relationships	Prescribed Sources:	
Assessment:			
Knowledge:	10 Question Assessment		
Application of Knowledge:	Class Debate		
Supportive Reading:			
https://pshe-association.org.uk/search?queryTerm=relationships+and+sex+education			