

## Scheme of Learning: Year 9 PSHCE

1	2	3
Health & Wellbeing	Healthy Relationships	Living in the Wider World

### Topic Overview:

Engaging lessons that explore the facts, laws, risks and consequences associated with alcohol and other drug use. Your pupils will learn how to manage influences and pressure, and keep themselves healthy and safe.

### PSHCE Themes

Health & Wellbeing



### British Values addressed

1. Mutual Respect
2. Tolerance of Others
3. Individual Liberty
4. Democracy
5. Rule of Law

### SMSC addressed

Spiritual  
Moral  
Social  
Cultural

### Lesson Sequence:

#### Exploring Attitudes

Is the first of four lessons for Year 9, focusing on the risks and consequences of drug use. We assess current understanding of drugs, explore attitudes towards their use and clarify perceptions regarding the prevalence of drug use

**Managing risk**, the second lesson moves on to the risks and consequences of drug use. This lesson will teach students about the law in relation to drugs.

#### Alcohol and cannabis

the third lesson explores the effects of different patterns of alcohol use, in addition to the health risks associated with alcohol and cannabis use

#### Managing influences

is the last of four lessons focusing on the risks and consequences of drug use. This lesson develops skills and strategies to manage pressure in and influence relation to substances.

#### Vaping

In this lesson pupils explore the consequences of vaping and challenging the influences that might encourage young people to vape.

Sequence of Lessons:		Topic Resources:	
1	Exploring Attitudes	Knowledge Map:	Health & Wellbeing
2	Managing risk	Prescribed Sources:	
3	Alcohol and cannabis	<b>Assessment:</b>	
4	Managing influences	Knowledge:	10 Question Assessment
5	Vaping	Application of Knowledge:	Class Debate
6	Assessment & Class debate	<b>Supportive Reading:</b>	
		<a href="#">talk to frank - Google Search</a> <a href="#">Young people's substance misuse treatment statistics 2021 to 2022: report - GOV.UK (www.gov.uk)</a>	