

Scheme of Learning: Year 8 PSHCE

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| 1 | 2 | 3 |
| Health & Wellbeing | Healthy Relationships | Living in the Wider World |

Topic Overview: Relationships and sex education (RSE) is learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. It should equip children and young people with the information, skills and values to have safe, fulfilling and enjoyable relationships and to take responsibility for their sexual health and well-being

PSHCE Themes

Healthy Relationships



British Values addressed

1. Mutual Respect
2. Tolerance of Others
3. Individual Liberty
4. Rule of Law

SMSC addressed

Moral
Social

Lesson Sequence:

Relationship Values Pupils are learning to develop realistic and healthy relationship values and expectations. Pupils will learn to reflect on and articulate relationship values.

Influences in Relationships

Pupils are learning how to challenge unrealistic relationship expectations they will be able to justify their view & explain the issues and concerns with image sharing & how the media can distort relationship expectations.

Sexual Orientation and Gender Identity

Pupils will be learning how to understand and respect the spectrum of gender identities and sexual orientations

Consent – Avoiding Assumptions

Pupils are learning about common assumptions related to consent and how to challenge these. They will be able to identify common assumptions related to consent and explain why they are wrong. They will look at the right to not give/withdraw consent at any time and why this must be respected.

Technology & Relationships Pupils learn about the impact of watching porn and the possible consequences. The risks involved in sexting and how to stay safe online. This lessons also explores young people and the law.

Sequence of Lessons:

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| 1 | Relationship Values |
| 2 | Influences in Relationships |
| 3 | Sexual Orientation and Gender Identity |
| 4 | Consent – Avoiding Assumptions |
| 5 | Technology & Relationships |
| 6 | Assessment & Class debate |

Topic Resources:

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| Knowledge Map: | Healthy Relationships | Prescribed Sources: | |
| Assessment: | | | |
| Knowledge: | 10 Question Assessment | | |
| Application of Knowledge: | Class Debate | | |
| Supportive Reading: | | | |
| | https://pshe-association.org.uk/search?queryTerm=relationships+and+sex+education | | |
| | https://www.barnardosrealoverrocks.org.uk/ | | |