

## Scheme of Learning: Year 11 PSHCE

1	2	3
Health & Wellbeing	Healthy Relationships	Living in the Wider World

### Topic Overview:

Relationships and sex education (RSE) is learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. It should equip children and young people with the information, skills and values to have safe, fulfilling and enjoyable relationships and to take responsibility for their sexual health and well-being

### PSHCE Themes

Relationship & Sex Education



Health & Wellbeing



### British Values addressed

1. Mutual Respect
2. Tolerance of Others
3. Individual Liberty
4. Rule of Law

### SMSC addressed

Spiritual  
Moral  
Social  
Cultural

### Lesson Sequence:

#### Family conflict

Pupils learn about the links between emotional wellbeing and relationship conflict, and the implications of this. They learn to further develop the understanding and skills required to negotiate relationship conflicts safely and effectively.

#### Long term commitments

Pupils learn about different types of commitment and why many people value commitment in relationships. We look at the options available to people who wish to make a long-term commitment. We look at the unacceptability of forced marriage and how to identify support for someone who may be at risk.

#### Fertility and Routes to Parenthood

Pupils learn about how fertility changes over time and the different routes to becoming a parent. We explore how fertility changes over a person's lifetime and some of the factors affecting this. Pupils look at ways to maintain a healthy pregnancy & how to describe different routes to parenthood.

#### Pregnancy Outcomes

We are learning about the possible outcomes in the event of an unplanned pregnancy, So pupils can identify the range of options available in the event of an unplanned pregnancy. We explore the range of emotions someone might feel in the event of an unplanned or unwanted pregnancy and how to evaluate the different influences that might affect decisions about pregnancy.

#### Pregnancy Choices: Abortion

We are learning about the laws related to abortion and support available. Pupils will be able to identify key legal considerations in relation to abortion and explain why there are strongly held views on abortion.

Sequence of Lessons:		Topic Resources:	
1	Family conflict	Knowledge Map:	Healthy Relationships Prescribed Sources:
2	Long term commitments	<b>Assessment:</b>	
3	Fertility and Routes to Parenthood	<b>Knowledge:</b>	<b>10 Question Assessment</b>
4	Pregnancy Outcomes	<b>Application of Knowledge:</b>	<b>Class Debate</b>
5	Pregnancy Choices: Abortion	<b>Supportive Reading:</b>	
6	Assessment & Class debate	<a href="https://pshe-association.org.uk/search?queryTerm=relationships+and+sex+education">https://pshe-association.org.uk/search?queryTerm=relationships+and+sex+education</a>	