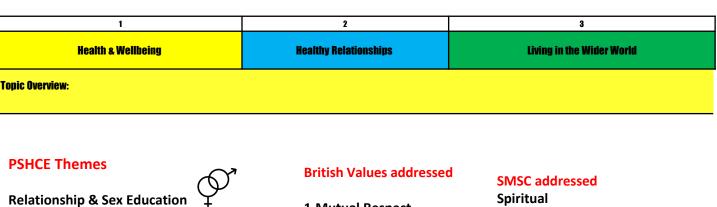
Scheme of Learning: Year 7 PSHCE



1.Mutual Respect 2.Tolerance of Others 3. Individual Liberty 4.Rule of Law Spiritual Moral Social Cultural

Lesson Sequence:

What is PSHCE?

Health & Wellbeing

Living in the Wider World

We begin PSHCE at Toynbee with an introduction PSHCE with the pupils learning why It is taught & the ground rules for appropriate & respectful behaviour. This lesson will also give pupils an opportunity to share what life skills they would like to learn at Toynbee.

Bullying & Understanding Protected Characteristics

Pupils look at the different roles you can play with Bullying & Who, What & Where they can for support both in school & at home. We use this lesson as an opportunity to discuss protected characteristics.

How to manage friendships

We look at different types of friendships & discuss positive ways to develop new friendships & how to find the confidence to address unhealthy behaviour from a friend.

Understanding Mental Health in Myself & Others This lesson pupils look at what wellbeing might look like in someone's life. Pupils will explore strategies to improve my own and others emotional wellbeing. The pupils will create their own wellbeing character -

Appropriate sources of help In our final lesson we explore the impact that media and social media can have on how people think about themselves .

We then explore and analyse ethical issues regarding when peers need help and identify and how to access the most appropriate sources of help.

Sequence of Lessons:		Topic Resources:				
1	- What is PSHCE?	Knowledge Map: Health &		Well Being	Prescribed Sources:	
2	- Bullying & Understanding Protected Characteristics	Assessment:				
		Knowledge:		10 Question Assessment		
3	- How to manage friendships	Application of Knowledge:		Class Debate		
-	Understanding Mantal Haalth in musalf 9 athous	Supportive Reading:				
4	- Understanding Mental Health in myself & others			https://www.bbc.co.uk/bitesize/tags/zh4wy9q/starting- secondary-school/1		
5	- Appropriate sources of help			https://www.nhs.uk/mental-health/children-and-young- adults/advice-for-parents/worried-about-your-teenager/		
6	- Assessment & Class debate			https://anti-bullyingalliance.org.uk/		