

Toynbee Curriculum

KS4 Topic Summaries

PSHCE

Personal Best

Toynbee School

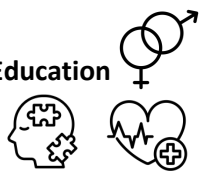


1	2	3
Health & Wellbeing	Healthy Relationships	Living in the Wider World

Topic Overview: Relationships and sex education (RSE) is learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. It should equip children and young people with the information, skills and values to have safe, fulfilling and enjoyable relationships and to take responsibility for their sexual health and well-being. This Topic also includes a lesson on STIs & Contraception & key information on who what & where pupils can go for Contraception & STI advice & information

PSHCE Themes

Relationship & Sex Education



Health & Wellbeing

British Values addressed

1. Mutual Respect
2. Tolerance of Others
3. Individual Liberty
4. Rule of Law

SMSC addressed

- Spiritual
- Moral
- Social
- Cultural

Lesson Sequence:

Role of Intimacy and Pleasure

We are learning about the role of intimacy, readiness and pleasure in consensual relationships. Pupils will be able to recognise what enthusiastic consent looks and feels like. So they can assess the importance of readiness for intimacy as an individual and as a couple. We look at the role that communication and respect play in healthy relationships and consent.

Sexual Health

Pupils learn about sexual health, the potential consequences of sex and ways to reduce risk. We look at some of the most common STIs, their symptoms and consequences. We ensure pupils know how to access reliable sources of help to support sexual health or relating to unplanned pregnancy

Contraception

Pupils learn about different types of contraception and how they work. Pupils will be able to name the main types of contraception and how they prevent conception and/or protect against STIs. They will be able to describe when, where and how to access contraception, and how to seek help in the event of contraception failure.

Managing Conflict in Relationships

Pupils learn how to identify and manage appropriate and inappropriate conflict behaviours. We explore how to manage breakups respectfully and safely and to evaluate the acceptability of a range of relationship behaviours and identify when a relationship may be unsafe.

Addressing Relationship Abuse

Pupils learn how to end/and or get support for abusive relationships. We look at how to identify signs of different types of abuse & describe exit strategies and identify support for abusive relationships. We ensure pupils can identify likely thoughts and feelings which can affect decision-making and suggest how to overcome barriers to help-seeking. We end with advice & guidance on how to help others who may be in an abusive relationship.

Sequence of Lessons:		Topic Resources:	
1	Role of Intimacy and Pleasure	Knowledge Map:	Healthy Relationships Prescribed Sources:
2	Sexual Health	Assessment:	
3	Contraception	Knowledge:	10 Question Assessment
4	Managing Conflict in Relationships	Application of Knowledge:	Class Debate
5	Addressing Relationship Abuse	Supportive Reading:	
6	Assessment & Class debate	https://pshe-association.org.uk/search?queryTerm=relationships+and+sex+education Home Lets Talk About It	

Scheme of Learning: Year 10 PSHCE

1	2	3
Health & Wellbeing	Healthy Relationships	Living in the Wider World

Topic Overview:

PSHCE Themes

Living in the Wider World



British Values addressed

1. Mutual Respect
2. Tolerance of Others
3. Individual Liberty
4. Democracy
5. Rule of Law

SMSC addressed

Spiritual
Moral
Social
Cultural

Lesson Sequence:

Project Real

This session will introduce young people to the topic of fake news and help them develop the skills to recognise fake news

Understanding and managing debt

The objective of this lesson is to equip Year 10 pupils with the knowledge and skills necessary to understand the concept of debt and develop strategies for responsible debt management

Money and work

To help Year 10 pupils to understand the importance of money managing and develop essential financial skills related to work.

Financial risk and security

Identify the potential risks and consequences of excessive debt, including high interest rates, credit score impact, and financial stress.

Explore strategies for responsible borrowing, including comparing interest rates, reading loan agreements carefully, and seeking financial advice when needed

START – Careers-We end our Topic on the Wider Word by having two lessons on [START-Careers](#).

Explore the world of work. Make your study choices. Write your CV and prepare for interview. Apply for

apprenticeships, courses, and work experience. We will use these lessons to explain the process for work experience & provide support in applying for placement.

Sequence of Lessons:		Topic Resources:	
1	Project Real	Knowledge Map:	Wider World
		Prescribed Sources:	
2	Understanding and managing debt	Assessment:	
		Knowledge:	10 Question Assessment
3	Money and work	Application of Knowledge:	Class Debate
4	Financial risk and security	Supportive Reading:	
5	START - Careers	Start – Careers Information (startprofile.com)	
		econoME Bank of England	
6	START - Careers	Project Real.	

Scheme of Learning: Year 10 PSHCE

1	2	3
Health & Wellbeing	Healthy Relationships	Living in the Wider World

Topic Overview: Five lessons for key stage 4 exploring mental health and emotional wellbeing

PSHCE Themes

Health & Wellbeing



British Values addressed

1. Mutual Respect
2. Individual Liberty

SMSC addressed

Spiritual
Moral
Social

Lesson Sequence:

New challenges

This is the first in a series of five lessons for key stage 4 exploring mental health and emotional wellbeing, building on the key stage 3 lessons. This lesson examines challenges facing young people as they transition into key stage 4 and how to promote positive mental health to manage change, now and in the future

Reframing negative thinking

This is the second in a series of key stage 4 lessons exploring mental health and emotional wellbeing. This lesson focuses on resilience and reframing setbacks.

Recognising mental ill-health and when to get help

This is the third of a series of four key stage 4 lessons exploring mental health and emotional wellbeing. Whilst this suite of lessons focuses primarily on promoting emotional wellbeing, this lesson focuses on mental health issues that can affect young people, examining mental ill-health warning signs and the range of sources of support available

Change, loss, grief

This is the fourth of a series of five key stage 4 lessons exploring mental health and emotional wellbeing. This lesson focuses on change, loss, and grief and strategies for managing these

Promoting emotional wellbeing

This is the last of a series of lessons in KS4 exploring mental health and emotional wellbeing. This lesson focuses on ways to promote mental health and emotional wellbeing

Sequence of Lessons:		Topic Resources:	
1	New Challenges	Knowledge Map:	Health & Well Being
2	Reframing negative thinking	Prescribed Sources:	
3	Recognizing negative mental health & when to get help	Assessment:	
4	Change loss & Grief	Knowledge:	10 Question Assessment
5	Promoting emotional wellbeing	Application of Knowledge:	Class Debate
6	Assessment & Class debate	Supportive Reading:	
		Mental health and emotional wellbeing pack (pshe-association.org.uk) YoungMinds Mental Health Charity For Children And Young People YoungMinds	

Scheme of Learning: Year 11 PSHCE

1	2	3
Health & Wellbeing	Healthy Relationships	Living in the Wider World

Topic Overview: : This topic covers a number of areas which children and young people need to know, relating to respecting others, being a responsible and contributing citizen of their community, their country and the wider world.

PSHCE Themes

Living in the Wider World



British Values addressed

1. Mutual Respect
2. Tolerance of Others
3. Individual Liberty
4. Rule of Law

SMSC addressed

Spiritual
Moral
Social
Cultural

Lesson Sequence:

Next Steps We look at what are the Next Steps for Year 11 Pupils & look at the following options.

- Go to a college or Sixth Form and study full time courses
- Get a job and take a work-related course alongside it such as an OCR National, BTEC, City and Guilds or another accredited course
- Be Self Employed but you will also need to do some accredited learning or training course
- Volunteer for 20 hours or more but will need to do some accredited learning alongside it, offered by the organisation or independent of it
- Do an Apprenticeship or other accredited training course.

Personal Statements

In this lesson, we will walk pupils through a step-by-step process to support when writing a personal statement, they can be proud of.

College Applications

We spend the next two lessons looking at what college options the pupils have and starting applications.

National insurance & Tax

To understand the basics of tax and National Insurance, how they are calculated, and the impact they have on our finances.

START -Careers

We end our Topic on the Wider Word by having a lesson on **START-Careers**. *Explore the world of work. Make your study choices. Write your CV and prepare for interview. Apply for apprenticeships, courses, and work experience.*

Sequence of Lessons:		Topic Resources:	
1	Next Steps	Knowledge Map: Wider World	Prescribed Sources:
2	Personal Statements	Assessment:	
3	College Applications	Knowledge:	
4	College Applications	Application of Knowledge:	Personal Statements
5	National insurance & Tax	Supportive Reading:	
6	SMART -Careers	Start – Careers Information (startprofile.com)	

Scheme of Learning: Year 11 PSHCE

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Topic Overview:

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Lesson Sequence:

Family conflict

Pupils learn about the links between emotional wellbeing and relationship conflict, and the implications of this. They learn to further develop the understanding and skills required to negotiate relationship conflicts safely and effectively.

Long term commitments

Pupils learn about different types of commitment and why many people value commitment in relationships. We look at the options available to people who wish to make a long-term commitment. We look at the unacceptability of forced marriage and how to identify support for someone who may be at risk.

Fertility and Routes to Parenthood

Pupils learn about how fertility changes over time and the different routes to becoming a parent. We explore how fertility changes over a person's lifetime and some of the factors affecting this. Pupils look at ways to maintain a healthy pregnancy & how to describe different routes to parenthood.

Pregnancy Outcomes

We are learning about the possible outcomes in the event of an unplanned pregnancy, So pupils can identify the range of options available in the event of an unplanned pregnancy. We explore the range of emotions someone might feel in the event of an unplanned or unwanted pregnancy and how to evaluate the different influences that might affect decisions about pregnancy.

Pregnancy Choices: Abortion

We are learning about the laws related to abortion and support available. Pupils will be able to identify key legal considerations in relation to abortion and explain why there are strongly held views on abortion.

Sequence of Lessons:		Topic Resources:	
1	Family conflict	Knowledge Map:	Healthy Relationships Prescribed Sources:
2	Long term commitments	Assessment:	
3	Fertility and Routes to Parenthood	Knowledge:	10 Question Assessment
4	Pregnancy Outcomes	Application of Knowledge:	Class Debate
5	Pregnancy Choices: Abortion	Supportive Reading:	
6	Assessment & Class debate	https://pshe-association.org.uk/search?queryTerm=relationships+and+sex+education	

