

Scheme of Learning:

Topic Sequence:

1	2	3	4	5	6	7	8	9	10	11
Netball	Gymnastics	Badminton	Rugby	Dance	Handball	Football	Basketball	Athletics	Cricket	Outdoor Ed

Topic Overview:

Pupils will be taught the basic individual skills of Netball in isolation before combining these skills in competitive situations. Strategies and tactics for attacking and defending principles will be embedded into the lessons. Knowledge of the rules and regulations of Netball will be introduced throughout the lessons.

Lesson Sequence:

The lessons have been sequenced to purposely build pupils' understanding and knowledge of the game of netball through developing individual skill level and strategies and tactics for competitive situations. Each year group will focus on the main components needed to play a game of netball.

In Year 7, students will be introduced to the basics of netball. They will learn about the rules of the game, including how to pass, shoot, the attacking principles and all 3 stages of defense. They will also learn about the different positions on the court and the roles that each position plays in the game. Students will begin to develop their hand-eye coordination and will practice catching and throwing the ball accurately. They will also work on their footwork and movement around the court. Students will learn and develop these skills in isolation and in small sided game play.

In Year 8, students will build on the skills they learned in Year 7. They will continue to refine their passing and shooting techniques, and they will begin to learn more advanced tactics for defending and attacking. Students will also learn about the importance of teamwork in netball and will practice working together with their teammates to create scoring opportunities in a full 7 aside netball game. They will also begin to develop their understanding of the rules of the game and how they apply to different situations on the court.

In Year 9, students will further develop their skills and tactics in netball. They will focus on more advanced strategies for attacking and defending, including zone defense and attacking and defensive goal and sidelines. Students will also work on their fitness and stamina, as netball is a physically demanding sport that requires a high level of endurance. They will learn about the different types of passes and shots that can be used in the game and will practice these under pressure in game situations.

In Key Stage 4, students will continue to build on the skills they have learned in previous years. They will focus on more advanced tactics and strategies, including set plays and transitions. Students will also develop their leadership skills, as they may be expected to take on a coaching or mentoring role by umpiring and coaching opportunities within the lesson. They will also have opportunities to compete in inter-school and house netball tournaments, where they can put their skills and knowledge to the test against other skilled players.

Students who study netball in Year 7, Year 8, Year 9, and Key Stage 4 can expect to learn about the rules of the game, different positions on the court, passing and shooting techniques, advanced tactics for attacking and defending, and the importance of teamwork and leadership. With practice and dedication, students can develop their skills and become skilled netball players who can compete at the highest levels of the sport.

Sequence of Lessons:		7	8	9	KS4	Topic Resources:			
1	Passing & receiving	✓	✓	✓		Knowledge Map:	Knowledge Map Netball	Prescribed Sources:	None
2	Footwork & Movement- landing on one/two feet, pivoting.	✓	✓			Assessment:			
3	Attacking Principles (Dodge, Double Dodge, Change of Pace, Change of Direction)	✓	✓	✓	✓	Knowledge:	Skills in isolation mark out of 10		
4	Stage 1, 2 & 3 Defense	✓	✓	✓	✓	Application of Knowledge:	Game play Skills under pressure / tactics / rules Mark out of 15		
5	Shooting	✓	✓	✓	✓	Supportive Reading:			
6	Small sided games	✓				Rules and Regulations	Netball scoring, rules and officials - Netball - factfile - GCSE Physical Education Revision - OCR - BBC Bitesize		
7	Set Plays		✓	✓	✓	How to Play	Netball Game - How to Play & Rules Introduction - YouTube		
8	Netball Game		✓	✓	✓				
9	Coaching and Umpiring opportunities			✓	✓				
10	Tactics, Rules & Regulations	✓	✓	✓	✓				