

Scheme of Learning:

Topic Sequence:

1	2	3	4	5	6	7	8	9	10	11
Netball	Gymnastics	Badminton	Rugby	Dance	Handball	Football	Basketball	Athletics	Cricket	Outdoor Ed

Topic Overview:

Throughout the Key Stage, students will continue to develop their understanding of Basketball and the rules of the game. Students will work on a range of skills which will develop throughout Years 7, 8 and 9.

Lesson Sequence:

In Year 7, students will be introduced to the fundamental rules and regulations of basketball. They will start with basic dribbling, passing (chest, shoulder, overhead and bounce) and shooting (set shot 'BEEF') Techniques and learn about the court dimensions, markings, and positions. Students will also begin to develop basic offensive and defensive strategies through small-sided games and drills that focus on individual skill development.

By Year 8, students will build on their fundamental skills, learning more advanced moves such as crossovers and layups. They will also begin to understand team strategies and roles, developing a deeper knowledge of offensive and defensive strategies. The emphasis will shift towards teamwork and communication through 3-on-3 or 4-on-4 games.

In Year 9, students will continue to refine their individual skills, including footwork and shooting skills. They will also develop a better understanding of game strategy, including set plays and zone defence. More complex offensive and defensive strategies will be introduced, and fitness will become a greater focus, including speed and agility training. Students will also work on communication and leadership skills on the court, culminating in competitive 5-on-5 games to practice game strategy and teamwork.

At KS4, which includes Years 10 and 11, students will further refine and fine-tune their individual skills, including advanced dribbling and shooting techniques. Additionally, they will be introduced to advanced offensive and defensive strategies such as the pick-and-roll and full-court defence. Students will also be encouraged to develop strong leadership and communication skills on the court, including developing effective team captains and game management skills. Competitive 5-on-5 games will be an important element, testing skills and tactics in a challenging environment. Tournament play may also be incorporated to provide additional opportunities for students to showcase their skills and teamwork both as a player and an official.

Sequence of Lessons:		7	8	9	KS4	Topic Resources:			
1	Dribbling	✓	✓	✓	✓	Knowledge Map:	Knowledge Map - Basketball	Prescribed Sources:	None
2	Passing & receiving	✓	✓	✓	✓	Assessment:			
3	Shooting	✓	✓	✓	✓	Knowledge:	Skills in isolation mark out of 10		
4	Small sided games	✓	✓			Application of Knowledge:	Game play Skills under pressure / tactics / rules Mark out of 15		
5	Lay up		✓	✓	✓	Supportive Reading:			
6	Footwork		✓	✓	✓	Rules	Basketball Rules: How To Play Basketball Rules of Sport		
7	Attacking strategies	✓	✓			How to get into basketball	Getting Started Basketball England		
8	Defensive strategies	✓	✓			Basketball Pathway	Talent Pathway Basketball England		
9	Advances attacking strategies			✓	✓				
10	Advanced defensive strategies			✓	✓				