

Scheme of Learning:

Topic Sequence:

1	2	3	4	5	6	7	8	9	10	11
Netball	Gymnastics	Badminton	Rugby	Dance	Handball	Football	Basketball	Athletics	Cricket	Outdoor Ed

Topic Overview:

Pupils will be taught the basic skills of badminton in isolation, and practice these cooperatively before developing, combining and applying them in increasingly competitive situations. Strategies and tactics for attacking and defending in Singles and Doubles will be introduced. Knowledge of the rules, court markings and scoring systems will be taught.

Lesson Sequence:

Skills will be broken down and taught in isolation with the primary focus being correct technique and rules of each skill. These will be initially practiced co-operatively, and then systematically revised, developed, combined and applied in increasingly competitive situations in order to beat an opponent(s).

- **Grip and Ready Position:** forehand & backhand grip; ready position stance, position on court, racket position; use of split step.
- **Serve:** low, high, flick and drive serve techniques; serving rules; tactical application.
- **Overhead Clear:** forehand and backhand techniques; tactical application.
- **Underarm Clear:** forehand and backhand techniques; tactical application.
- **Drop Shot:** slow, slice, forehand and backhand techniques; tactical application.
- **Smash:** Forehand and backhand, overhead and jump techniques; tactical application.
- **Net Play:** Basic, high and flat techniques; net play rules; tactical application.
- **Footwork:** split step, side step, crossover step, lunge.
- **Singles Scoring & Tactics:** court markings; scoring system; attacking and defensive strategies; corner to corner / straight & cross court; shot selection and variation.
- **Doubles Scoring & Tactics:** court markings; scoring and rotation of serve; attacking and defensive formation; shot selection and variation.

Pupils will be required to officiate in lessons, demonstrating their knowledge of the rules and regulations of badminton.

Pupils will be encouraged to analyse their own and others' performance, and suggest ways to improve in order to achieve their personal best.

Pupils will understand the benefits of regular physical activity for life long health and well-being.

Pupils will be directed to extra curricular and community clubs for further participation and competition.

Sequence of Lessons:		7	8	9	KS4	Topic Resources:			
1	Grip and ready position	*	*			Knowledge Map:	Knowledge map: Badminton	Prescribed Sources:	None
2	Serve	*	*	*	*	Assessment:			
3	Overhead Clear	*	*	*	*	Knowledge:	Skills in isolation Mark out of 10		
4	Underarm Clear	*	*	*	*	Application of Knowledge:	Game play Skills under pressure / tactics / rules Mark out of 15		
5	Drop Shot	*	*	*	*	Supportive Reading:			
6	Footwork	*	*	*	*	Rules	www.rulesofsport.com/sports/badminton.html		
7	Smash		*	*	*	How to play	How To Play Badminton? (tutorialspoint.com)		
8	Net Play		*	*	*	How to play	How to Play Badminton - Bing video		
9	Singles Scoring / Tactics	*	*	*	*				
10	Doubles Scoring / Tactics			*	*				