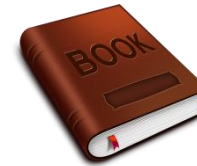
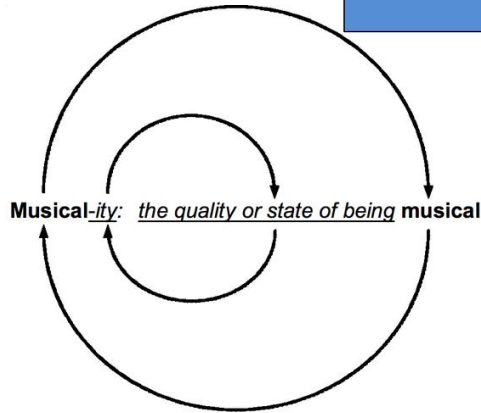


Year 8 Dance Knowledge Organiser



Action: Travel, Turn, Transfer of weight, Jump, Gesture, Stillness

Space: • pathways • levels • directions • size of movement • patterns • spatial design.

Dynamics: Speed: • fast/slow • sudden/sustained • acceleration/deceleration • strong/light • direct/indirect • flowing/abrupt.

Relationships: • lead and follow • mirroring • action and reaction • accumulation • complement and contrast • counterpoint • contact • formations.

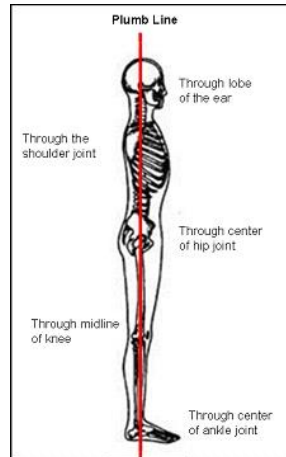
Keywords: Motif, Stimulus, Prop, Projection, Control, Motif development, Choreography, Spatial awareness

7 Secrets of Super Performers

DanceAdvantage.net

- 1** Involve the audience and other dancers
Make eye contact
Direct and project your energy
NEVER DANCE ALONE
(even in a solo)
- 2** FORGET THE FAKE SMILE
Relax your jaw and be natural
Lift your eyebrows slightly
(As if listening or speaking to someone you like)
- 3** FILL THE SPACES IN THE MUSIC
(Be Dynamic!)
Don't let your energy or intent drop between counts
Resist "sameness" as you dance
- 4** Ooze CONFIDENCE
Confidence - trust
Confidence ≠ attitude.
Attitude is a role; a persona
= self-centered
= generosity
- 5** REALLY ACT
Know the context and your role in it
Make it seem real, even to yourself
Study human behavior
- 6** KEEP SECRETS
Imagine you are keeping a secret from the audience
Imagine revealing it bit by bit as the performance unfolds
- 7** GO BEYOND YOUR KINESPHERE

In yourself. In fellow dancers. In your practice.



Strengths

Weaknesses

Ways to improve

Ways to choreograph:

Use of a prop

Ways to rehearse:

Work on timing

Peer feedback

Use the mirrors

Select and refine