

Please write clearly in block capitals.

Centre number

--	--	--	--	--

Candidate number

--	--	--	--

Surname

Forename(s)

Candidate signature

I declare this is my own work.

GCSE

PHYSICAL EDUCATION

Paper 2 Socio-cultural influences and wellbeing in physical activity and sport

Monday 3 June 2024

Afternoon

Time allowed: 1 hour 15 minutes

Materials

You will need no other materials.

Instructions

- Use black ink or black ball-point pen. Pencil should only be used for drawing.
- Fill in the boxes at the top of this page.
- Answer **all** questions.
- You must answer the questions in the spaces provided. Do not write outside the box around each page or on blank pages.
- If you need extra space for your answer(s), use the lined pages at the end of this book. Write the question number against your answer(s).
- Do all rough work in this book. Cross through any work you do not want to be marked.

Information

- The marks for questions are shown in brackets.
- The maximum mark for this paper is 78.
- Questions should be answered in continuous prose. You will be assessed on your ability to:
 - use good English
 - organise information clearly
 - use specialist vocabulary where appropriate.

For Examiner's Use	
Question	Mark
1 to 5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
TOTAL	



Answer **all** questions.

Do not write
outside the
box

Only **one** answer per question is allowed.

For each question completely fill in the circle alongside the appropriate answer.

CORRECT METHOD



WRONG METHODS



If you want to change your answer you must cross out your original answer as shown.



If you wish to return to an answer previously crossed out, ring the answer you now wish to select as shown.



0 1

What is the correct kcal/day requirement for an average adult female?

[1 mark]

A 2000

☐

B 2250

☐

C 2500

☐

D 2750

☐

0 2

Which **one** of these is a positive influence of spectators at matches?

[1 mark]

A Improved atmosphere

☐

B Increased safety costs

☐

C Potential for more hooliganism

☐

D Reduced participation

☐


0 3

Which **one** of these can be defined as 'attempting to gain an advantage by stretching the rules to their limit'?

[1 mark]

A Etiquette

☐

B Gamesmanship

☐

C Sportsmanship

☐

D Teamwork

☐

0 4

Which **one** of these is a **mental** health benefit of taking part in regular exercise?

[1 mark]

A Improved efficiency of the body systems

☐

B Improved teamwork skills

☐

C Reduced chance of injury

☐

D Reduced feelings of stress

☐

0 5

Which **one** of these would benefit **most** from blood doping?

[1 mark]

A A 100m sprinter

☐

B A 10km swimmer

☐

C A badminton player

☐

D A golfer

☐

5

Turn over ►



0 6 . 1 Data now plays an important role in sport.

Define qualitative data.

[1 mark]

0 6 . 2 State **two** methods of collecting qualitative data.

[2 marks]

1

2

3

0 7 . 1 Define sponsorship in sport.

[1 mark]

0 7 . 2 Give **three** negative effects of sponsorship on sport.

[3 marks]

Negative effect 1

Negative effect 2

Negative effect 3



0 7 . 3

Explain how the following types of sponsorship may improve an individual's performance in sport.

[3 marks]

Clothing/footwear _____

Equipment _____

Facilities _____

7

0 8 . 1

Define skill.

[1 mark]

0 8 . 2

Give **one** sporting example of a gross skill.

Justify why it is a gross skill.

[3 marks]

Sporting example _____

Justification _____

Question 8 continues on the next page

Turn over ►



0 8 . 3

Explain how a performer uses the basic information processing model to receive a pass in a team sport.

[4 marks]

Input _____

Decision making _____

Output _____

Feedback _____

8



0 9 . 1 Define arousal.

[1 mark]

0 9 . 2 The inverted-U theory helps to explain the relationship between arousal level and performance level.

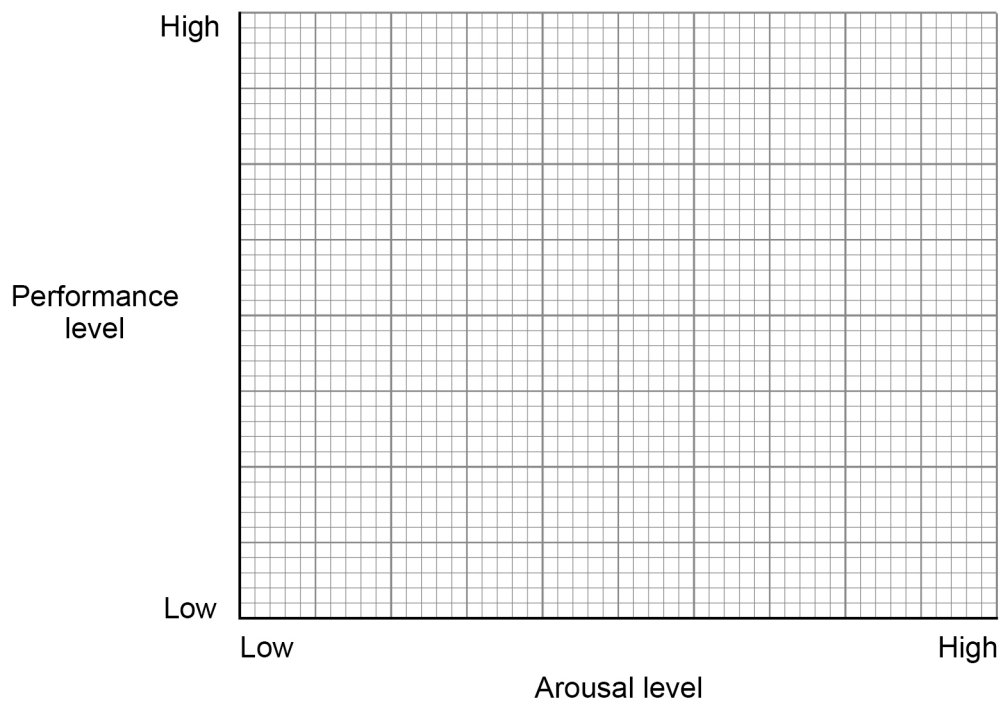
On **Figure 1**, sketch the shape and the position of the curve for each of the following sporting skills:

- Boxing punch
- Golf putt.

Label each curve.

[2 marks]

Figure 1



Turn over ►



1 0 . 1

Give **three** physiological reasons why a performer may take beta blockers.**[3 marks]**

1 _____

2 _____

3 _____

1 0 . 2

Explain how the following performance enhancing drugs could improve the performance of a sprinter:

- Anabolic agents
- Narcotic analgesics.

[4 marks]

Anabolic agents _____

Narcotic analgesics _____



1 1 . 1 Define indirect aggression.

Give a sporting example of when it is used.

[2 marks]

Definition _____

Sporting example _____

1 1 . 2 Identify the personality type that would be most suited to long distance running.

Justify your choice.

[3 marks]

Personality type _____

Justification _____

5

Turn over for the next question

Turn over ►



1 2 . 1

Suggest **two** ways an individual's disability may affect their engagement in physical activity and sport.

[2 marks]

1

2

1 2 . 2

Suggest **two** ways an individual's peers may **positively** affect their engagement in physical activity and sport.

[2 marks]

1

2

1 2 . 3

Suggest **two** reasons an individual's religion may affect their engagement in physical activity and sport.

[2 marks]

1

2



1 3 . 1

Define an outcome goal.

Use a sporting example in your answer.

[2 marks]

1 3 . 2

Explain how knowledge of performance would help a beginner learning a new sport.

[3 marks]

Question 13 continues on the next page**Turn over ►**

1 3 . 3 Alec has just started to play cricket.

Evaluate the merits of intrinsic and extrinsic motivation to help him develop his skills.

[3 marks]

8

1 4 . 1 Describe a balanced diet.

[3 marks]



1 4 . 2

Explain **three** negative effects that obesity could have on performance in athletics.**[3 marks]**

1 _____

2 _____

3 _____

6

Turn over for the next question**Turn over ►**

[5 marks]

[illegible]

5



[6 marks]

[illegible][illegible]

6

Table 1 contains data from a survey.

Table 1

	Running	Team Sports
Males	17.3%	12.7%
Females	14.1%	3.2%

[9 marks]

[illegible]

Extra space

END OF QUESTIONS



There are no questions printed on this page

*Do not write
outside the
box*

**DO NOT WRITE ON THIS PAGE
ANSWER IN THE SPACES PROVIDED**



*Do not write
outside the
box*

[illegible]

[illegible]