

# Thought for the Week

Week beginning Monday 21<sup>st</sup> April 2025

**"Your life does not get better by chance, it gets better by change."**

*Jim Rohn*

Week beginning Monday 28<sup>th</sup> April 2025

**"The only place where success comes before work is in the dictionary."**

*Anonymous*

Week beginning Monday 5<sup>th</sup> May 2025

**"The more you praise and celebrate your life, the more there is in life to celebrate."**

*Oprah Winfrey*

Week beginning Monday 12<sup>th</sup> May 2025

**"Your mental health is a priority. Your happiness is essential. Your self-care is a necessity."**

*Unknown*

Week beginning Monday 19<sup>th</sup> May 2025

**"Alone, we can do so little; together, we can do so much."**

*Helen Keller*