## **Subject: Physical Education (GCSE Physical Education)** Skills/Assessment Autumn Term **Summer Term Spring Term** Theory Theory Theory End of unit assessments Movement Analysis & Recap / revision Revision Revision techniques use of data Year 11 **Practical** Final exams Exam techniques **Practical** Video evidence **Practical** Extended question Video evidence gathering answering **External Moderation** gathering Moderation preparation Theory Theory Theory End of unit assessments Sports Psychology **Physical Training** Written NEA (10%) Practical internal Year 10 assessments & **Practical Practical** Mock exam internal moderation Boys rugby / netball / Boys football / girls **Practical** sessions badminton rugby / climbing Critical writing Athletics followed by Skills and tactics cricket / tennis Theory Theory Theory End of unit assessments Socio-cultural Influences Health, wellbeing & Anatomy & Physiology Practical internal **Fitness** Year 9 **Practical Practical** assessments & internal moderation **Practical** Boys rugby / netball / Athletics followed by sessions badminton Boys football / girls cricket / tennis Individual and team rugby / badminton skills and tactics Year 8

Year 7