Toynbee School Anti-Bullying Policy for Students

What is bullying?

Bullying is <u>persistent and</u> <u>deliberate</u> behaviour intended to hurt or humiliate an individual.

Bullying can be:

- Verbal or Physical
- · Racial or Faith based
- Sexist
- Transphobic
- Homophobic
- Cyberbullying
- Due to a disability

What to do if you are being bullied: Tell Someone!

Tell a friend, a parent or an adult at school.

You can speak to an Anti-bullying Ambassador.

Be Confident

Intimidation is the only way a bully knows they are having an effect on you – so don't let them see it! Most bullies are insecure themselves and prey on people to make them feel better.

Surround yourself with your friends

A bully will be put off trying to hurt or humiliate you if your trusted friends are around.

How school will help:

- **★**Zero tolerance on bullying
- ★Teach you about anti-bullying
- ★Support networks Peer Mentors and Anti-bullying Ambassadors
- ★ Tackle and deal with all incidents seriously
- ★ Contact parents where necessary
- ★ Sanction the bully
- ★ Involve the Police if necessary
- ★Teach you about reporting online concerns through CEOP



Key people who can help:

Peer Mentors ★Teachers ★ Tutors ★Guidance Managers ★Matron ★ Progress

Directors ★Mr Lawrence ★ Mr Longden ★ Prefects ★ Anti-bullying Ambassadors