



GCSE PE

Aiming for grade 7+





LEARN • IMPROVE • ACHIEVE

NEA COURSEWORK

10% | of your final grade

Marked out of **25**

Make every mark count

It is easier to secure 25 marks in coursework than in the exam.

Protect your grade 9 goal

A low coursework mark can make a grade 9 much harder to achieve.

Improve before you submit

Make your coursework as strong as possible before Friday's deadline. After your teacher marks it, act on their feedback to improve it.

VIDEO EVIDENCE



Support your grade

Video evidence is important for securing a higher grade.



Be ready for moderation

It reduces the chance of your grade changing on moderation day.

Video evidence may achieve a higher mark than the moderation completed in school for your three sports.



Some sports must be filmed

If you select a sport that cannot be moderated at Toynbee (e.g. swimming), you must provide video evidence. Otherwise, we will not know what grade to award.

PRACTICAL GRADE: 40%

3 SPORTS + COURSEWORK = **40%** of your overall grade (out of 100)



Make it count

Your three sports and coursework contribute 40% of your overall grade, so aim to score as highly as possible.



Aim for 75/100

Set yourself a target of 75 marks out of 100.



Build your grade

The higher your practical grade, the fewer marks you may need in your exams to achieve grade 7 or above.

2025 Grade Boundaries

2025: /260
Grade 9: 216
Grade 8: 202
Grade 7: 188
Grade 6: 170
Grade 5: 153
Grade 4: 136
Grade 3: 103
Grade 2: 70
Grade 1: 38

Target: 75/100 for coursework
+ 3 sports
Grade 7= 188
110 marks needed in two exams

55/78- paper 1
55/78- paper 2

GCSE Revision tips

Paper 1



Physical training



Anatomy and Physiology



Movement Analysis

Paper 2



Socio-Cultural influences



Health and Wellbeing



Sports Psychology

Revision Strategies

Find what works best for you!



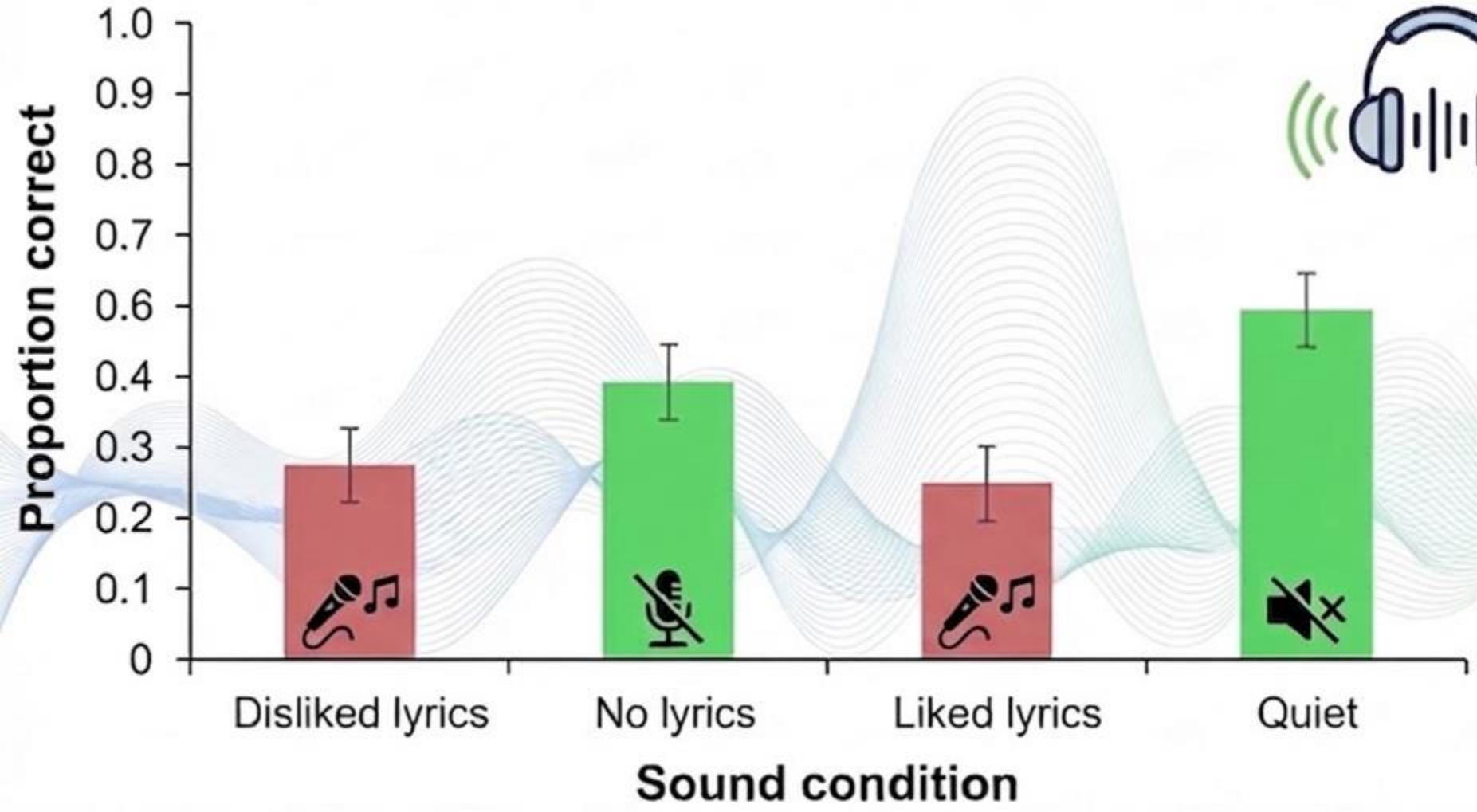
Small chunks of revision with regular breaks:
30 mins revision/ 15 min break



Research shows writing or highlighting notes is more effective (revision cards, mind maps etc)



Prioritise topics you're less confident on



47% of students believe music helps them concentrate

2014 study (Perham and Currie)

If you must listen to music, make it without words.

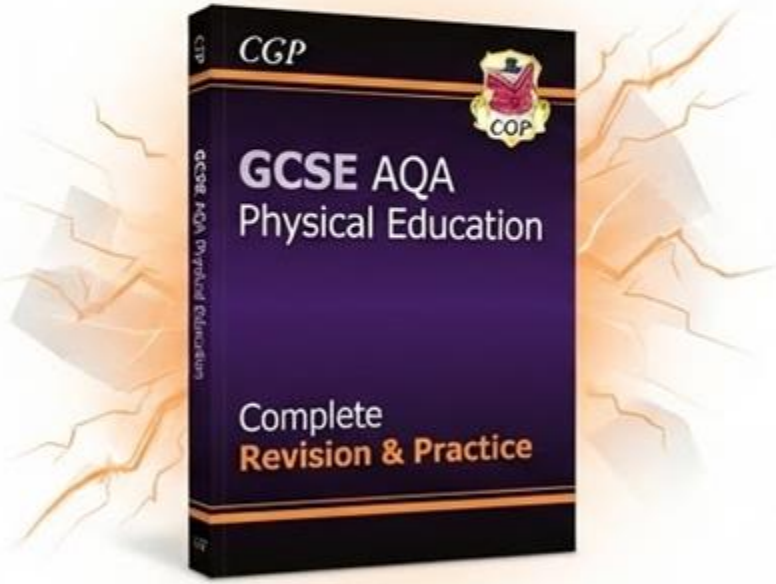
REVISION RESOURCES

1. GCSE PE BOOKLETS



Amazing resources completed in class

2. AQA GCSE PE REVISION GUIDE



(Available online)

3. TOYNBEE SHAREPOINT SITE



Access to power points and booklets

EXTENDED ANSWER QUESTIONS

6-mark question in Paper 1 and Paper 2

9-mark question in Paper 1 and Paper 2



15% of your final GCSE PE grade is **4 extended-answer questions**

Learn the structure

Practice how to structure extended-answer questions.

Practise before mocks

Practise in theory lessons before mock exams.

Use the support

Extended-answer questions on Satchel One with a writing framework to help.

REVISION ON SATCHEL ONE



Revision resources

Revision work will be uploaded on Satchel One.



Practise exam questions

Build confidence with exam-style questions.



Practise extended answers

Develop your structure and written responses.



Mini practice exams

Complete short practice exams.

All completed work will be marked and feedback provided.